

# Tělocvična 2023/2024

Platné od 1. 9. 2023

|    | 1.hodina  | 2. hodina | 3. hodina   | 4. hodina   | 5. hodina   | 6. hodina   |             |                  |                  |                        |              |                  |             |
|----|-----------|-----------|-------------|-------------|-------------|-------------|-------------|------------------|------------------|------------------------|--------------|------------------|-------------|
|    | 8:00-8:45 | 8:55-9:40 | 10:00-10:45 | 10:55-11:40 | 11:50-12:35 | 12:45-13:30 | 14:00-15:00 | 15:00-16:00      | 16:00-17:00      | 17:00-18:00            | 18:00-19:00  | 19:00-20:00      | 20:00-21:00 |
| PO |           |           | 1. A        | 3. B        | 5. A I.     |             |             | Break dance      | Miniparkour      |                        | Fotbal       | Cvičení pro ženy |             |
|    |           |           | Kre         | Ond         | Bar         |             |             | Fišar            | Fišar            |                        | Malý         | Pašková          |             |
| ÚT |           |           | 1. B        | 2. A. II.   | 5. A II.    |             |             | Parkour          | Parkour          | Wushu                  | Wushu        |                  | Taiji       |
|    |           |           | Rut         | Ond         | Bar         |             |             | Fišar            | Fišar            | Veselý                 | Veselý       |                  | Veselý      |
| ST |           |           | 2. A. I.    | 3. B        | 4. A I.     |             |             | Gymnastika balet | Gymnastika balet | Orientační běh         |              |                  |             |
|    |           |           | Kre         | Ond         | Bar         |             |             | J. Veselá        | J. Veselá        | Hájek                  |              |                  |             |
| ČT |           |           | 1. A        | 2. A. II.   | 4. A II.    |             |             |                  | Wushu            | Taekwondo a sebeobrana |              | Jóga             |             |
|    |           |           | Kre         | Ond         | Bar         |             |             |                  | Veselý           | D. Veselý              |              | Švábová          |             |
| PÁ |           | 1. B      | 3. A        |             | 2. A I.     |             |             | Florbal          | Florbal          |                        |              |                  |             |
|    |           | Rut       | Bar         |             | Kre         |             |             | Hvízdal          |                  |                        |              |                  |             |
| SO |           |           |             |             |             |             |             |                  |                  |                        |              |                  |             |
|    |           |           |             |             |             |             |             |                  |                  |                        |              |                  |             |
| NE |           |           |             |             |             |             |             |                  |                  |                        | Cvičení ženy |                  |             |
|    |           |           |             |             |             |             |             |                  |                  |                        | Jankovská    |                  |             |